

SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 31st August 2017

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WARD(S): All

PART I **FOR COMMENT AND CONSIDERATION**

FIVE YEAR PLAN: OUTCOME 2 UPDATE

1. **Purpose of Report**

- 1.1 To update the Panel on the progress of Outcome 2 from Slough Borough Council's (SBC) Five Year Plan: 'Our people will become healthier and will manage their own health, care and support needs.'

2. **Recommendation(s)/Proposed Action**

- 2.1 The Panel is requested to consider the actions taken on the matters raised at the Panel's meeting on 27 March 2017, and how it would like to assess the Outcome in future.

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

3a. **Slough Joint Wellbeing Strategy Priorities and Joint Strategic Needs Assessment**

The Five Year Plan relates to all aspects of the Slough Joint Wellbeing Strategy's priorities as set out below:

1. Protecting vulnerable children
2. Increasing life expectancy by focusing on inequalities
3. Improving mental health and wellbeing
4. Housing

The Five Year Plan has been developed using the evidence base of the Joint Strategic Needs Assessment and the Slough Story.

3b. **Council's Five Year Plan Outcomes**

This report focusses on outcome 2 of the 5 outcomes in the Five Year Plan: 'Our people will become healthier and will manage their own health, care and support needs.'

4. **Other Implications**

(a) **Financial**

The Five Year Plan is important in determining the priority outcomes against which resources will be allocated. The time frame for the Five Year Plan is aligned with our medium term financial planning and will roll forward each year, i.e. the new Plan looks ahead for the five years 2017/18 to 2021/22.

- (b) Risk Management
There are no identified risks associated with the proposed actions.
- (c) Human Rights Act and Other Legal Implications
There are no direct legal implications. The specific activity in the Plan and other plans may have legal implications which will be brought to the attention of Cabinet separately. There are no Human Rights Act Implications.
- (d) Equalities Impact Assessment
There is no requirement to complete an Equalities Impact Assessment (EIA) in relation to this report. EIAs will however be completed on individual aspects of any actions produced to sit underneath the Plan, as required.

5 **Supporting Information**

5.1 The Health Scrutiny Panel has been given responsibility for oversight of Outcome 2 by the Overview and Scrutiny Committee.

5.2 As with the 4 other Outcomes of the Five Year Plan, Outcome 2 has a series of key actions which set out what will be done to achieve the outcome – these are:

1. Target those individuals most at risk of poor health and wellbeing outcomes to take up health checks.
2. Develop preventative approaches to enable our residents to become more able to support themselves.
3. Build capacity within the community to enable a focus on supporting more people to manage their own health, care and support needs.
4. Deliver a new model of public service that empowers residents to live independent and healthy lives.
5. Ensure people are at the centre of the adult safeguarding process and are supported to manage any risks.

5.3 As a result, the Panel may wish to consider breaking the Outcome down into these key actions. The Panel can then decide which actions to evaluate in greater depth at its future meetings, depending on the priorities that members feel are the most pressing for SBC at the present time.

5.4 The Panel's first report on Outcome 2 was taken on 27 March 2017. This meeting made the following request for the content of this update:

That the Panel receive an update in six months on the progress being made in delivering Outcome 2 of the plan to include:

- i. an overview of performance;*
- ii. any issues or barriers requiring additional support;*
- iii. links between wellbeing and housing; and*
- iv. an update on the use of digital technology to help deliver Outcome 2.*

A summary of progress under these issues is set out below.

5.5 An overview of performance – a copy of end of Q1 2017/18 performance is attached as an appendix.

Smoking cessation

Slough continues to perform above the region and nation in terms of numbers of people who set a quit date and are proven to have quit for 4 weeks or more (68% compared to 49% in England), and are involving higher proportion of local residents in smoking cessation engagements (580 per 100,000 compared to 242 across England).

Direct Payments

We are continuing to increase the numbers of service users and carers supported through Direct Payments, enabling these people to take full control over their personal social care needs.

Health Checks

The proportion of eligible residents offered an NHS Health Check is improving slowly, but remains beneath regional and national positions. A number of measures have been set up to address this, including commissioning a new 'cardiowellness4Slough' programme, which launched in January 2017. This programme will deliver 800 additional Health Checks before March 2018.

There have been nearly 200 opportunistic health checks conducted through CardioWellness4Slough in the four months from April 2017. These health checks are achieving all targets that aim to improve inequalities, with significant proportions being provided to males, residents of deprived wards and BME groups. This is in addition to slightly improved uptake of GP-provided health checks in Q1 2017/18 (1055 offered, 506 given).

Other council initiatives which will assist in delivering the aims of Outcome 2 include the installation of Green Gyms in a further nine parks across Slough, enabling our residents to access free-to-use gym equipment in their local neighbourhoods at a time that suits their lifestyles; the Phase 2 completion of the Community Sports Stadium at Stoke Road; and the recommissioning of our Community Sports and Leisure Contract.

5.6 No key barriers have been identified that require any additional support at this stage.

5.7 Links between wellbeing and housing

One of the five main themes with the Council's updated Housing Strategy 2016 to 2021 is to ensure that specialist accommodation is available for vulnerable people and those with special housing needs, for example, young people, older people and people with disabilities. We are currently working closely with Housing colleagues in developing twenty new units in Rochford Gardens for people with a range of disabilities and also working with a local provider in developing more extra care capacity for older people. The Locality Teams within the recently restructured Adult Social Care are developing relationships with their Housing colleagues to ensure that there is far more joined up working across housing and social care.

5.8 Use of digital technology

Through a government grant we have purchased 20 Smart tablet devices/phones on behalf of people with learning disabilities living in the community. The tablets/phones will enable these residents to manage their own health and wellbeing by monitoring their own fitness through a fitness app, improve their social

mobility by using social media apps such as Facebook enabling them to keep in contact with their networks and keep up to date with what is going on in Slough for people with learning disabilities.

Slough Borough Council in partnership with Slough NHS Clinical Commissioning Group (Slough CCG) have completed the procurement exercise to re-commission the fully managed Telehealth and remote monitoring services for Slough GP registered patients who have two specific long term conditions: Chronic Obstructive Pulmonary Disease, Chronic Heart Failure and diabetes. This service is funded via the Better Care Fund.

We are currently proceeding ahead with a contract award with the service start date of early September 2017. The aim of the service is to use Telehealth technology to improve the health and wellbeing of Slough patients with complex health needs and to achieve efficiencies in the wider health and social care economy. The Telehealth equipment will support to achieve the following outputs;-

- (a) Reducing non elective admissions to hospital
- (b) Reducing admissions of older people to care homes
- (c) Reducing delayed transfers of care
- (d) Improved patient/user satisfaction
- (e) Improving quality of life for people with more than one long term condition
- (f) Provide integrated health and social care solutions

6 **Comments of Other Committees**

- 6.1 The Five Year Plan and outcome performance is regularly discussed by the Cabinet and the Overview and Scrutiny Committee.
- 6.2 This specific report has not been considered by any other Committee within SBC.

7 **Conclusion**

- 7.1 The Health Scrutiny Panel is requested to consider the progress made to date and the most appropriate manner in which to scrutinise Outcome 2 in its future meetings.

8 **Appendices Attached**

(A) 5YP Outcome 2 as at end of quarter 1 2017-18 - June-17

9 **Background Papers**

(1) Five Year Plan 2017 – 2021.